

Physical Therapy for Lymphedema

DVANCED

Part of the Phoenix family!

Recover.
Recharge.
Rise.

"My range of motion has improved noticeably, and the soreness has diminished until it is almost gone! I have learned how to manage my condition and move fluids toward other lymph nodes if necessary. This has been a very positive experience!" -

"I have my mobility back!
From what I learned, I will
be able to keep my condition under control. Lymphedema won't take my
quality of life!"

- Jeanne O., Patient

Harry W., Patient

Our lymphedema rehabilitation program will help your patients return to the quality of life they deserve. Advanced Physical Therapy Center's certified lymphedema therapists provide a non-invasive, evidence-based, safe, and effective treatment approach that includes:

- Complete decongestive therapy
- Circulation improvement
- Swelling reduction
- Wound prevention and management
- Functional activities and LE Strengthening that improves mobility and self-care activities
- Education and facilitation of long-term management

Our program can help your patients on their "road to recovery". Recovering and managing lymphedema regardless of the origin is hard enough and can result in impaired quality of life, increased dependence on caregivers, and the inability to perform self-care activities. Lymphedema also takes an emotional toll on patients, therefore, supporting the patient through the recovery process physically and emotionally is our number one priority. For those suffering with lymphedema, our certified lymphedema therapists have the training and tools to help your patients recover more comfortably and help them self-manage lymphedema lifelong.

Flint: (810) 732-8400 advancedphysicaltherapy.com



Our Treatment Programs Get Results

Advanced Physical Therapy Center utilizes Complete Decongestive Therapy, a fourpronged treatment that is considered the Gold standard for treating lymphedema. This treatment is effective and is tailored to the needs of each individual patient.



Skin Care: Includes assessment, treatment, and patient and family training to manage impairments in skin integrity.

Manual Lymph Drainage (MLD): Specialized manual techniques that stimulates lymphangiomotorocity to decongest the affected limb.

Compression Therapy: Specialized compression wrapping technique used with lymphedema specific bandages.

Gentle Decompression Exercises: Effective yet gentle exercises to improve the muscle pump mechanism to manage their lymphedema long-term.

IMPORTANT

Bring this prescription and any HMO referral, Auto or Worker's Comp authorizations on your first day.



		SCRIPTION
Part of the Phoenix family! DatePatient Phone Number Name Diagnosis PrecautionsPhysical / Occupational / Ha		Fax (248) 618-3284 Fenton (810) 354-7522 Fax (810) 355-4873
□ EVALUATE AND TREAT PER CARE PLAN □ HOME EXERCISE PROGRAM □ SELF-CARE EDUCATION	□ THERAPEUTIC EXERCISI □ Passive ROM □ Active-Assisted ROM □ Progressive Resistive Exercise	
□ EXERCISE: □ AlterG Anti-Gravity Treadmill □ Aquatic Therapy □ Cervical/Lumbar Strengthening □ Core Strengthening □ Gait and Balance Training □ WB Status: □ MedX Testing/Rehab □ Sports Rehab □ MANUAL TECHNIQUES: □ CranioSacral Therapy □ Functional Dry Needling □ Graston Technique □ Joint Mobilization □ Myofascial Decompression □ Myofascial Release □ Soft-Tissue Massage	□ MODALITIES: □ Biofeedback □ Traction □ Cervical □ Pelvic □ Contrast Bath/Whirlpool □ Electrical Stimulation □ Game Ready Pneumatic Compression □ Hivamat Deep Oscillation Therapy □ Iontophoresis □ Light/Laser Therapy □ TENS □ Ultrasound/Phonophores □ WellWave Acoustic Compression Therapy	□ PROGRAMS □ Advanced Spine & Neck Rehab □ Bone Health Program □ Concussion Program □ Functional Capacity Evaluation □ Work Reconditioning/Hardening □ Return-to-Work Assessment □ Disability Screening □ Lymphedema Treatment □ Parkinson's LSVT Big Program □ Pelvic Floor Therapy □ Women's Health Program □ Sportsmetrics □ Vestibular Rehab □ TMJ Disorder Rehab
☐ 3 x Weekly ☐ 2 x We forweeksmo	enths and physical and/or occupational thera the plan is established and will be revie	apy is necessary, and that services will be furnished ewed every ninety (90) days or more often if the

Physician Signature NPI# Date