

Occupational Therapy Certified Hand Therapist



Our Certified Hand Therapists can evaluate and treat any problem relative to the upper extremities. The Certified Hand Therapist can effectively treat and rehabilitate the patient through postoperative rehabilitation, preventative, non-operative, or conservative treatment, or industry consultation. The Therapist works closely with physician and patient to provide a continuum of care. This often starts within days of the injury or surgery right through to the patient's return to work and/or a productive lifestyle.

Postoperative Rehabilitation

- Management of open or sutured wounds (prevention of infection and assistance in healing)
- Control of hypertrophic (raised and/or swollen) or hypersensitive scars
- · Reduction of swelling
- · Preventative, Non-operative, or Conservative treatments

Management of acute or chronic pain

- · Desensitization following nerve injury or trauma
- · Sensory re-education after nerve injury
- Design and implementation of exercise programs to increase motion, dexterity and/or strength
- · Splint fabrication for prevention or corrections of injury
- Training in the performance of daily life skills through adapted methods and equipment
- · Conditioning prior to returning to work
- · Industry consultation

Why use Hand Therapy?

- · Accurate assessments, immediate care, and effective treatment.
- · The continuum of care provides patients with peace of mind.
- · Faster recovery contributes to decreased medical costs.
- Obtaining functional outcomes ensure a faster return to work and productive lifestyle.

Common Conditions Treated



- ▲ De Quervain's Tenosynovitis
- ▲ Lacerations/Amputations
- ▲ Distal Radius
- ▲ Dupuytren's Disease
- ▲ Flexor Tendon Injuries
- ▲ Burns
- ▲ Phalangeal Fractures
- ▲ Trigger Finger
- ▲ Arthritis
- ▲ Carpal Tunnel Syndrome
- ▲ Cubital Tunnel Syndrome

Grand Blanc: (810) 695-8700

Flint: (810) 732-8400 Davison: (810) 412-5100 Clio: (810) 687-8700 Goodrich: (810) 636-8700 Waterford: (248) 618-3050 Clarkston: (248) 620-4260 Hartland: (810) 632-8700 Fenton: (810) 354-7522

IMPORTANT

Bring this prescription and any HMO referral, Auto or Worker's Comp authorizations on your first day.



		ESCRIPTION
Part of the Phoenix family! DatePatient Phone Number Name Diagnosis Precautions Physical / Occupational / Ha		Clarkston (248) 620-4260 Fax (248) 620-4239 Waterford (248) 618-3050 Fax (248) 618-3284 Fenton (810) 354-7522 Fax (810) 355-4873
□ EVALUATE AND TREAT PER CARE PLAN □ HOME EXERCISE PROGRAM □ SELF-CARE EDUCATION	□ THERAPEUTIC EXERO □ Passive ROM □ Active-Assisted RO □ Progressive Resistive Exercise	MANUAL MOBILIZATION NEUROMUSCULAR RE-EDUCATION THERAPEUTIC ACTIVITIES
□ EXERCISE: □ AlterG Anti-Gravity Treadmill □ Aquatic Therapy □ Cervical/Lumbar Strengthening □ Core Strengthening □ Gait and Balance Training □ WB Status: □ MedX Testing/Rehab □ Sports Rehab □ Sports Rehab □ MANUAL TECHNIQUES: □ CranioSacral Therapy □ Functional Dry Needling □ Graston Technique □ Joint Mobilization □ Myofascial Decompression □ Myofascial Release □ Soft-Tissue Massage	□ MODALITIES: □ Biofeedback □ Traction □ Cervical □ Pelvic □ Contrast Bath/Whirlp □ Electrical Stimulation □ Game Ready Pneumatic Compress □ Hivamat Deep Oscillation Therapy □ Iontophoresis □ Light/Laser Therapy □ TENS □ Ultrasound/Phonoph □ WellWave Acoustic Compression Therap	□ PROGRAMS □ Advanced Spine & Neck Rehab Sion □ Bone Health Program □ Concussion Program □ Functional Capacity Evaluation □ Work Reconditioning/Hardening □ Return-to-Work Assessment □ Disability Screening □ Lymphedema Treatment □ Parkinson's LSVT Big Program □ Pelvic Floor Therapy □ Women's Health Program y □ Sportsmetrics □ Vestibular Rehab □ TMJ Disorder Rehab
☐ 3 x Weekly ☐ 2 x We forweeksmo	onths and physical and/or occupational the plan is established and will be	therapy is necessary, and that services will be furnished reviewed every ninety (90) days or more often if the

Physician Signature NPI# Date