

# Recover. Recharge. Rise.

# X Did You Know?

Symptoms of a concussion may take up to a day after the incident to appear.

## **ImPACT Testing**

▲ ImPACT is a non-invasive, scientifically validated, web-based software test that provides the best available information for managing concussions and preventing long-term damage, benefitting persons of all ages.

Available at select Advanced PT clinics.



Part of the Phoenix family!

# **Concussion Therapy**

Physical therapists can help evaluate and treat several problem areas following a concussion. Because no two concussion are the same, determining the specific symptoms and limitations following each concussion is an important part of the physical therapy examination. It is necessary for a concussion to be managed with a team approach of the physican, physical therapist, athletic trainer, parent or spouse (when applicable) and the patient to best manage the recovery of the patient.

Physical therapists will focus on the symptoms and limitations observed during the initial evaluation and continually as the patient is treated.

Treatment sessions will focus on, but are not limited to:

- Vestibular rehabilitation for reducing dizziness
- Ocular reflexes and tracking
- Cranial nerve assessment
- Change of position
- Hand-eye coordination
- Body mechanics and posture
- Neck stabilization
- Incremental Progression of exertion with heart rate monitoring
- · Sports specific training

Please contact us for more information or to refer a patient.

**Grand Blanc Flint Davison Clio** (810) 695-8700 (810) 732-8400 (810) 412-5100 (810) 687-8700

Waterford Clarkson Goodrich Hartland (248) 618-3050 (248) 620-4260 (810) 636-8700 (810) 632-8700

**Fenton** (810) 354-7522

advancedphysicaltherapy.com

### **IMPORTANT**

Bring this prescription and any HMO referral, Auto or Worker's Comp authorizations on your first day.



		ESCRIPTION
Part of the Phoenix family!  DatePatient Phone Number  Name Diagnosis  Precautions  Physical / Occupational / Ha		Clarkston (248) 620-4260 Fax (248) 620-4239 Waterford (248) 618-3050 Fax (248) 618-3284 Fenton (810) 354-7522 Fax (810) 355-4873
□ EVALUATE AND TREAT PER CARE PLAN □ HOME EXERCISE PROGRAM □ SELF-CARE EDUCATION	□ THERAPEUTIC EXERO □ Passive ROM □ Active-Assisted RO □ Progressive Resistive Exercise	MANUAL MOBILIZATION  NEUROMUSCULAR  RE-EDUCATION  THERAPEUTIC ACTIVITIES
□ EXERCISE: □ AlterG Anti-Gravity Treadmill □ Aquatic Therapy □ Cervical/Lumbar Strengthening □ Core Strengthening □ Gait and Balance Training □ WB Status: □ MedX Testing/Rehab □ Sports Rehab □ Sports Rehab □ MANUAL TECHNIQUES: □ CranioSacral Therapy □ Functional Dry Needling □ Graston Technique □ Joint Mobilization □ Myofascial Decompression □ Myofascial Release □ Soft-Tissue Massage	□ MODALITIES: □ Biofeedback □ Traction □ Cervical □ Pelvic □ Contrast Bath/Whirlp □ Electrical Stimulation □ Game Ready Pneumatic Compress □ Hivamat Deep Oscillation Therapy □ Iontophoresis □ Light/Laser Therapy □ TENS □ Ultrasound/Phonoph □ WellWave Acoustic Compression Therap	□ PROGRAMS □ Advanced Spine & Neck Rehab  Sion □ Bone Health Program □ Concussion Program □ Functional Capacity Evaluation □ Work Reconditioning/Hardening □ Return-to-Work Assessment □ Disability Screening □ Lymphedema Treatment □ Parkinson's LSVT Big Program □ Pelvic Floor Therapy □ Women's Health Program  y □ Sportsmetrics □ Vestibular Rehab □ TMJ Disorder Rehab
☐ 3 x Weekly ☐ 2 x We forweeksmo	onths  and physical and/or occupational the plan is established and will be	therapy is necessary, and that services will be furnished reviewed every ninety (90) days or more often if the

Physician Signature NPI# Date