

STEPHANIE Jarrett PT, DPT



Doctoral Degree in
Physical Therapy,
University of Michigan-
Flint, 2017

Continuing Education:

- Concussion Management

Special Interests:

- Pediatric Orthopedics
- Balance Training
- Postural Education

Clio Clinic:

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Stephanie Jarrett, PT, DPT has been a part of the Advanced Physical Therapy Center team since 2012. She started her career in healthcare as a physical therapy aide at our Clio clinic. Her cousin, who is a pediatric physical therapist, convinced Stephanie to shadow her at work for a day, and the rest, as you say, is history.

Stephanie graduated from the University of Michigan-Flint with a doctorate in physical therapy in 2017. While pursuing her degree, she was a part of a weekly gait and seating clinic at Beaumont Hospital, involving wheelchairs, seating devices and orthotic fittings for the pediatric population. Much of her hands-on time was spent evaluating the optimization of function for children, which involved gait analysis and positioning. Stephanie's passion lies with the pediatric population, and she thoroughly enjoys treating several diagnoses pertaining to this population, such as toe-walking and torticollis. She also has continuing education in concussion management and works with young athletes getting them back on the field safely after concussion. Her other special interests include educating patients on posture alignment and balance training.

Stephanie does an excellent job building rapport and establishing relationships with her patients. She is a vivacious, genuine person, which translates to her treatment sessions. "I like being able to build relationships, get to know my patients and spend time with them while they get well. I think a big part of physical therapy is gaining the patient's trust. If our patients don't believe we genuinely care about them, then the recovery process is much more difficult," says Stephanie.

Stephanie treats patients out of Advanced Physical Therapy Center's Clio location. She is originally from Swartz Creek but now lives in Fenton with her German Shepard mix, Charlotte. She is looking forward to 2018, because she is getting married to her wonderful fiancé, Jason. In her spare time, she likes to spend time with friends and family, travel and hang out on the lake kayaking and boating. She is also an avid runner participating in several road races, and she completed the Detroit half marathon in 2016. If you ask Stephanie what she enjoys about working at Advanced Physical Therapy Center, she will tell you, "I love my co-workers! It is one of the main reasons why I came back after school. Everyone is passionate about their jobs and is hardworking, which is reflected in their care for patients."

