

FE'NEDA BRADSHAW, MPT



Master of Physical Therapy
Degree, University of
Michigan—Flint, 1999

Specialties & Certifications:

- Kinesiology Taping Certification
- Strain/Counter-strain
- Vestibular Rehabilitation
- Graston Technique
- Myofascial Decompression (Cup Therapy)
- Blood Flow Restriction Training (BFR)
- Concussion Management & Neck Strengthening

Interests:

- Low back injuries & conditions
- Neck injuries & conditions
- Pediatric Orthopedics

Goodrich Clinic:

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Goodrich, MI 48438
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Fe'Neda Bradshaw, MPT has been in the physical therapy field for nearly twenty years. She has been a valued member of the Advanced Physical Therapy Center team since 2009. She is a graduate of the University of Michigan-Flint Master of Physical Therapy Degree Program

Fe'Neda loves interacting with people and that is what led her to become a physical therapist. Since graduating, she has taken several continuing education courses including the Graston Technique (instrument assisted soft-tissue mobilization), Strain/Counter-strain manual therapy, vestibular rehabilitation, concussion management, Myofascial Decompression and BFR. She also has a certification in kinesiology taping.

Fe'Neda finds it personally rewarding to help patients achieve their functional goals and feels her specialty lies in treating low back and neck pain. She also enjoys working with pediatric patients with orthopedic injuries and conditions.

Many of Fe'Neda's patients have commented about the amount of care and concern she shows. "I make it a point to do my best when treating each patient. I want my patients to know the intent I have for them and feel a difference after being in my hands," says Fe'Neda. One such patient calls Fe'Neda a "miracle worker". The patient had been experiencing vertigo for many years without relief. After one treatment from Fe'Neda, the patient's vertigo was gone.

Fe'Neda is a caring individual who gives up a lot of her time to help others outside of work. She serves as president of her church's youth choir, is a member of the Young Women of Excellence empowerment program, and participates in the American Cancer Society and the American Heart Association. When she is not working with patients or volunteering, she likes to go walking in her neighborhood or workout in the gym. She also likes to practice her hobbies, which are playing the piano and violin and playing volleyball.

Fe'Neda is a Flint native, but now resides in Clarkston with her husband and two sons. She treats patients, mainly, out of Advanced Physical Therapy Center's Goodrich clinic but has gone above and beyond by working at various Advanced PT clinics over the years to help cover patient needs as they arise.

