

MICHAEL BREW

PT, DPT, AT



Flint Clinic Director

Doctoral Degree in Physical Therapy, University of Michigan, 2010

Bachelor of Science Degree in Athletic Training, North Dakota State University, 1993

Member of:

- APTA
- NATA

Specialties & Certifications:

- Certified Brain Injury Specialist
- Functional Dry Needling
- Spinal cord injuries
- Amputee injuries
- Sports & athletic injuries (Dance/Gymnastics)
- Manual therapy
- Functional Capacity Evaluations/Work Hardening
- Post-Offer Employment Testing
- Vestibular rehab
- Myofascial Decompression (Cup Therapy)
- Blood Flow Restriction Training (BFR)

Flint Clinic

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Michael Brew's career in the medical field began in 1993 when he graduated from North Dakota State University with a Bachelor of Science Degree in Athletic Training. He later went on to get a doctoral degree in physical therapy from the University of Michigan in 2010. Michael is a certified brain injury specialist and has taken many continuing education courses on manual therapy. As an athletic trainer and physical therapist, Michael has seen and treated his fair share of sports-related injuries. He specializes in spinal cord injuries and working with amputees. He is also trained to administer functional capacity evaluations, vestibular rehabilitation and functional dry needling. Michael is a member of the American Physical Therapy Association (APTA) and the National Athletic Training Association (NATA).

Michael grew up in north central Minnesota and graduated high school in Green Bay, Wisconsin. He, currently, resides in Grand Blanc, Michigan with his beautiful wife and two daughters. In his spare time, he enjoys reading, skiing, hiking, and cycling. He is an athletic trainer at UM Flint, for the club sports teams and he volunteers his expertise as an athletic trainer and physical therapist for his daughter's gymnastics team.

One of Michael's favorite patient stories involves an 85 year-old full-contact hockey player he treated for an injured hamstring. "He was one of the most determined and driven patients I have ever treated," says Michael recalling his time with the patient. Michael played hockey in high school and admired his patient's determination and drive to return to the game. "The patient later returned to play hockey as an 86 year-old the next season! I love seeing patients return to the activities they love, whether it is playing hockey again, playing with their kids, getting back to work, or returning to their roles in their family," states Michael. Michael's philosophy when working with his patients is to have fun. "If a patient is working hard and having fun at the same time, I believe they tend to progress faster," says Michael. He feels that one of his strengths is motivating people to achieve their goals. He not only applies that strength with his patients, but he also applies it with his team. Michael is the director of Advanced Physical Therapy Center's Flint clinic. "My team is talented and truly wants to help each patient we treat," states Michael.

