

# NANCY HARRINGTON, PT



Masters Degree in Health Science, University of Indianapolis, 1996

Bachelor of Science Degree in Physical Therapy, Oakland University, 1987

#### Specialties & Certifications:

- DiMaggio Spine Therapy
- LSVT-Big for Parkinson's Disease
- McKenzie Technique
- Muscle Energy Technique
- Prenatal & Post-partum Therapy
- Vestibular Rehabilitation
- Myofascial Decompression (Cup Therapy)

#### Flint Clinic

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Nancy Harrington, PT became a physical therapist to work with people one-on-one and improve their quality of life. She began her journey at Oakland University where she received a Bachelor of Science degree in Physical Therapy in 1987. Then, in 1996 she received her Master of Health Science at the University Indianapolis. She gained some of her professional experience while working in Warren, Rochester and Lake Orion before becoming a valued member of the Advanced Physical Therapy team in 2004.

Nancy's strength lies in her ability to motivate her patients to meet the goals that are important to them. She takes the time to get to know her patients and says her ability to positively interact with them is a big part of her success.

Nancy is skilled in many areas, including helping Parkinson's Disease patients through Advanced PT's LSVT-Big program. She's trained in DiMaggio Spine Therapy, McKenzie Technique and Prenatal and Post-partum therapy. One of her special interests is vestibular rehabilitation and she most recently completed a course in Myofascial Decompression, or Cup Therapy.

Nancy believes the best part about working at Advanced PT is the small, family-like atmosphere and she enjoys the flexibility she has to use her vast professional expertise to treat her patients. She customizes every treatment plan and takes the time needed to make sure her patients see the improvements they're looking for.

Nancy is originally from Burton but now lives in Holly with her husband and 2 children. She stays fit as a member of the Genesys Health Club and loves to participate in the Crim Festival of Races each year.

