

# STEPHANIE Jarrett PT, DPT



Fenton Clinic Director

Doctoral Degree in  
Physical Therapy,  
University of Michigan-  
Flint, 2017

## Continuing Education & Special Interests:

- Concussion Management
- Postural Education
- Balance Training
- Vestibular Rehabilitation
- Graston Technique
- Sport-related Injuries
- Total Joint Replacement Rehabilitation
- Pediatric Orthopedics
- Low Back Pain
- Extremity Management
- Geriatrics

## Fenton Clinic:

2500 North Rd., Suite 102  
Fenton, MI 48430  
(810) 354-7522  
SJarrett@advpt.com  
AdvancedPhysicalTherapy.com

Stephanie Jarrett, PT, DPT has been a part of the Advanced Physical Therapy Center, now part of the Phoenix Physical Therapy family, team since 2012. She started her career in healthcare as a physical therapy aide at our Clio clinic. Her cousin, who is a pediatric physical therapist, convinced Stephanie to shadow her at work for a day, and the rest, as they say, is history.

Stephanie graduated from the University of Michigan-Flint with a doctorate in physical therapy in 2017. While pursuing her degree, she was a part of a weekly gait and seating clinic at Beaumont Hospital, involving wheelchairs, seating devices and orthotic fittings for the pediatric population. She has also pursued continuing education in concussion management and works with athletes getting them back on the field safely after concussion. Her other special interests include educating patients on posture alignment, balance training, vestibular rehabilitation, total joint replacement rehabilitation, low back pain and extremity management. She also enjoys working with the older population and since having a baby of her own, she has a new found interest in helping expectant mothers.

Stephanie does an excellent job building rapport and establishing relationships with her patients. She is a vivacious, genuine person, which translates to her treatment sessions. "I like being able to build relationships, get to know my patients and spend time with them while they get well. I think a big part of physical therapy is gaining the patient's trust. If our patients don't believe we genuinely care about them, then the recovery process is much more difficult," says Stephanie.

Stephanie is originally from Swartz Creek but now lives in Fenton with her husband and son. If you ask Stephanie what she enjoys about working at Advanced Physical Therapy Center, she will tell you, "I love my co-workers! It is one of the main reasons why I came back after school. Everyone is passionate about their jobs and is hardworking, which is reflected in their care for patients."

